

ACT FOUR WHEEL DRIVE CLUB



Framework for ACT4WD Club Driver Training

V1 - Jan 1 2024



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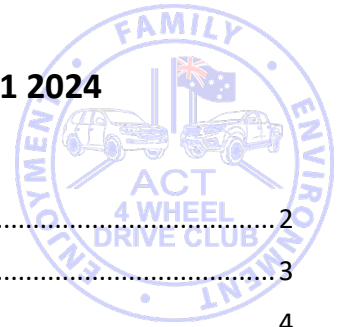


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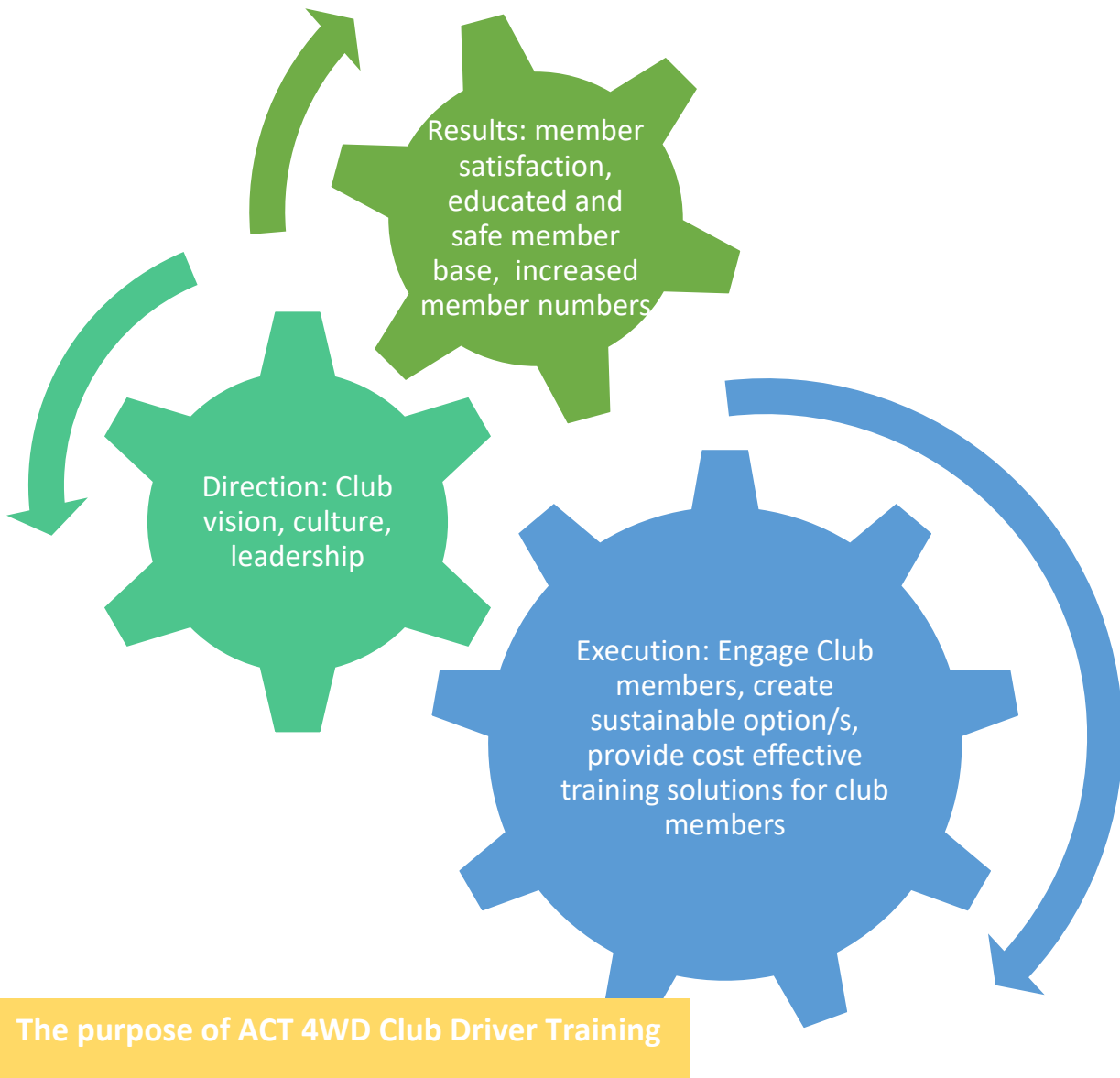
1. Background

The ACT Four Wheel Drive Club (ACT 4WD Club) is a small, family orientated Club, which was incorporated on 21 July 1987. The Club operates as a non-profit four-wheel drive sports and recreation club providing membership predominantly for residents of the ACT and surrounding areas of NSW. The Club aims to provide a range of activities to **promote safety** and the **exchange of knowledge and experience relating to four-wheel driving** and to promote enjoyment of the environment.

2. Purpose of framework

Club members have asked for the Executive to explore driver training, leadership, project management (trips), and safety options for members to do training in.

The first step of which is to develop a framework to identify options available to put to the Club members for consideration.





3. Aims of framework

a) Promote Safety

External accredited driver training provider: cost, availability, location, ease of access, etc

- Promote safety:
 - Having frank discussions about health and safety matters in a 4WD environment.
 - External investment in safety and training.
 - Making health and safety of members, a topic at every club event
 - Setting clear expectations and encouraging accountability
 - Provide opportunities for members to complete First aid courses such as:
 - St Johns First Aid (St Johns Act 4hrs/1day \$180)
 - HLTAID013 Provide first aid in remote or isolated site (St Johns ACT – 3 days \$400)
 - SISS00126 Wilderness First Aid Skill set (not available locally)

(Prices were correct 1 January 2024)

b) Exchange of Knowledge and Experience

Experienced Club members taking some responsibility for mentoring newer, less experienced members through the organisation and leading of trips with varying degrees of difficulty.

- Exchange of knowledge and experience:
 - where experienced members provide mentoring of less experienced members
- Encourage the sense of community through membership:
 - Increasing value in social interaction of the membership, through club meetings, social gatherings and club trips
- Develop leadership:
 - Motivate members participation in/with the Executive team
- Opportunity to lead 4WD trips.

4. Inspire members to lead trips

The aim is to Inspire members to lead trips by providing the structure, support and training from previous trips and trip leaders. This **framework** is staged from absolute beginner and new member through to advanced driver and experienced members. The club offers this in a setting with the peace of mind that our continued membership of ARMA (Australian Recreational Motorists Association) with their over-arching insurance coverage* ensures that all club members and visitors involved in club meetings, events, trips and training sessions are covered.

Training opportunities will be advertised to members by the Trip or Training Coordinator through email, meetings and the newsletter.

(*Please see ARMA insurance PDS)

5. Proposal for ACT 4WD Club Driver Training

The proposal is that the ACT4WD Club will be offering training to members and others before club meetings, during trips or at other times as advertised to members and through formalised training delivered by the Sutton Road Training Centre. Any training that is offered that has a cost associated with it will be at the participants own cost.



a) Introduction to off-roading and 4WD vehicle ownership

Location - Sutton Road Training Centre.

Whole day event commencing with theory and handouts covering issues such as:

- Terminologies used in off-roading
- Vehicle set-ups and limitations
- GCM and GVM of a vehicle and why it is important to know
- Tyre pressures suited to conditions
- Gear selection
- Group communications including 2-way radio and convoy etiquettes
- Vehicle add-ons, considerations for comfort and safety
- Recovery equipment, minimum and recommended
- Communications and emergency communications in the event of remote emergencies
- Trip leading and preparations
- Environmental considerations.

Practical sessions in small groups, covering activities like:

- Getting to know your vehicle – in, under and around, what is necessary for safe off-roading, raising awareness to potential problems incurred whilst venturing off-road
- Utilising the facilities purpose-built tracks to gain an understanding of how you as a driver and your vehicle behave approaching and enduring a set of circumstances that may be encountered on trips. This includes water-crossing, culverts, crests, ruts and mud holes.

b) Introduction to off-roading at night

Location - Sutton Road Training Centre

Practical sessions in small groups, similar to above but with the added difficulty of completing the following activities in the dark:

- Getting to know your vehicle – in, under and around, what is necessary for safe off-roading, raising awareness to potential problems that may occur whilst venturing off-road
- Utilising the facilities purpose-built tracks to gain an understanding of how you as a driver and your vehicle behave approaching and enduring a set of circumstances that may be encountered on trips. This includes water-crossing, culverts, crests, ruts and mud holes.

c) Product showcases

Showcase events of what is available to club members to increase safety and the enjoyment of 4wding adventures.

Location - At subject related businesses as determined by the club and allowing for a meeting venue on the night or other suitable times.

d) Intermediate 4wding

These trips may be in a variety of formats including day trips, night trips, overnight trips, trips with or without trailers, vans, etc

Location - trips facilitated by Club members and advertised by the Trip Coordinator.



e) Advanced or extreme off-road

These trips may encounter opportunity to overcome more challenging obstacles. Participants to be aware of the potential for damage to vehicles and equipment.

Location - trips facilitated by Club members and advertised by the Trip Coordinator. The club provides support for these competition style events by paying the entry fee of participants and club members are encouraged to watch and camp to enjoy the weekend as a club.

f) Off-road towing

This training offers the driver the opportunity to experience some off-road towing in a supported environment.

Location - Sutton Road Training Centre and on trips.

g) Other training sessions

These will include things like track clearing, recovery, winching, snow, sand and mud sessions etc. To be facilitated on an as required basis when experienced Club members are available.

Location – various; these may occur before club meetings, during trips or at other times as advertised to members.

h) Customised trips

For people with similar vehicle setups and attitudes to participate in and develop skills together.

i) Certified Off-Road Driver Training

Location – Sutton Road Training Centre.

This training is offered at the participants own cost and enquiries should be made direct to the Sutton Road Training Centre. Completion of some courses such as the one below can give you large discounts on specialised 4WD Insurance for your vehicle. Club4x4 currently give 20% off annually if you complete the following at Sutton Road Training Centre:

SISODRV001 Drive AWD/4WD vehicles on unsealed roads - 1 Day - \$660 (GST Free)

Other courses on offer (at the participants own cost) are:

- Skids pan training
- Defensive driver training
- Drive and manoeuvre trailers
- Drive AWD/4WD vehicle on unsealed road
- Operate and maintain a four wheel drive vehicle

(For further information on this course, see the [Sutton Road Training Centre website.](#))

j) First Aid Courses for members

Provide opportunities for members to complete First aid courses such as:

- St Johns First Aid (St Johns Act 4hrs/1day \$180)
- HLTAID013 Provide first aid in remote or isolated site (St Johns ACT – 3 days \$400)
- SSISS00126 Wilderness First Aid Skill set (not available locally)

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End